



You deserve  
*affirming*  
mental health care!

Get in *touch*

#### Our Contact

Call or text (623) 335-5575  
hello@peacockmh.com

#### Our Location

Arizona  
All virtual!

#### Our Website

[www.PeacockMentalHealth.com](http://www.PeacockMentalHealth.com)

We can help people in  
Arizona between the  
ages of 5 and 65



**peacock**  
MENTAL HEALTH

# Hey, Dr. Az here!

## *nurse practitioner*

I work closely with you to *navigate* your journey to better mental health.

In my time with you I will *listen* carefully and together we will work on a treatment plan; often including

- ✦ therapy
- ✦ medication management, and
- ✦ lifestyle strategies.

With me, you are *safe* to be your full self, even if you are still discovering what that means.



## Choosing a *service*

Sometimes it is hard to navigate health care, chat with us to see if we can help you. Especially if you:

- Feel chaotic (hot mess!)
- Zone out or hyper focus
- Are unable to enjoy things
- Don't feel yourself
- Expect the worst to happen
- Feel extra sensitive

## What to *expect*

- first* Free Consultation
- next* Comprehensive Initial Assessment
- ongoing* Routine Care Appointments
- optional* Psychotherapy

# peacock

## MENTAL HEALTH

Our virtual clinic was created for the LGBTQIA2S+ community and those who are (or suspect they are) neurodivergent in some way.

All genders, sexualities, kinks, and relationship styles are welcome. Our care will take into consideration your whole self.



Schedule your free consultation  
[www.PeacockMentalHealth.com](http://www.PeacockMentalHealth.com)

